Critical appraisal of CPGs

Homayoun Sadeghi-Bazargani MD, MPH, MSc, PhD

Department of Statistics & Epidemiology

EBM center

Injury Epidemiology & Prevention Research Center

Tabriz University of Medical Sciences

Why?

 Great variability exists in the quality of clinical practice guidelines

A sys. review of the literature by *VLAYEN et al*. in 2005, identified 24 appraisal instruments of practice guidelines

Author ²	Date	Country of origin	Published in peer-reviewed literature	Validation	Scoring system ^b	No.of items
Institute of Medicine [11]	1992	USA	Yes	Not stated	Y/N/NA	46
Hayward et al. [14]	1993	Canada	Yes	Not stated	None	9
Selker [12]	1993	USA	Yes	Not stated	None	7
Hayward et al. [13]	1995	Canada	Yes	Not stated	None	10
Mendelson [15]	1995	USA	Yes	Not stated	None	8
Woolf [16]	1995	USA	Yes	Not stated	None	10
SIGN [24]	1995	UK	No	Not stated	Y/N	52
Mutter-Pilson [29]	1995	France	Yes	Not stated	Y/N/NA	18
Ward and Grieco [26]	1996	Australia	Yes	No	Scale	18
Liddle et al. [25]	1996	Australia	No	Not stated	Scale	14
Savoie et al. [21]	1996	Canada	No	Not stated	Y/N	15
Calder et al. [19]	1997	Canada	Yes	No	Y/N	24
Shaneyfelt et al. [9]	1998	UK	Yes	Yes	Y/N	25
Helou and Ollenschlager [30]	1998	Germany	Yes	Not stated	Y/N/?/NA	41
Apolone and Bamfi [27]	1999	Italy	Yes	Not stated	None	6
Cluzeau et al. [22]	1999	UK	Yes	Yes	Y/N/?/NA	37
Grilli et al. [28]	2000	Italy	Yes	Yes	Y/N	3
Casi et al. [31]	2000	Spain	Yes	No	Y/N	21
Marshall [20]	2000	Canada	Yes	Not stated	None	9
Sanders et al. [18]	2000	USA	Yes	Not stated	Scale	15
Reed et al. [17]	2000	USA	Yes	Not stated	Scale	33
Hutchinson et al. [23]	2003	UK	Yes	Not stated	None	5
AGREE collaboration [32]	2003	Europe	Yes	Yes	Scale	23
Shiffman et al. [10]	2003	North America/UK	Yes	No	None	18

^aSIGN: Scottish Intercollegiate Guidelines Network; IMCARE: Internal Medicine Center to Advance Research and Education; APA: American Psychological Association; AGREE: Appraisal of Guidelines Research and Evaluation.

- The instrument developed by Sanders and the AGREE instrument use a numerical scale.
- AGREE instrument instruments are based on the Cluzeau instrument(23/37)
- Four appraisal tools were found to address all the guideline dimensions [22,24,30]
- Cluzeau instrument(+AGREE) is the only instrument that has been subject to a thorough validation study.

One common deficit

 None of the instruments scored the evidence base of the clinical content of guidelines

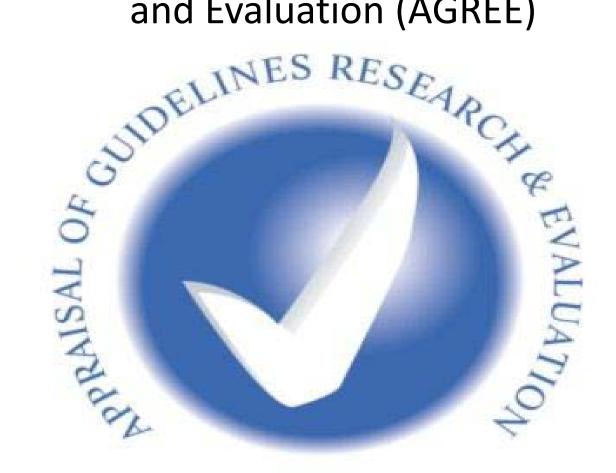
• EBM?

Quality assessment of clinical practice guidelines for adaptation in burn injury

- 2010-Kis et al. burns 3 6 (2 0 1 0) 6 0 6 6 1 5
- Of the 24 CPGs evaluated
- 10 (42%) were evidence-based.(non for pediatric burns)
- Although existing CPGs for the management of burn may accurately reflect agreed clinical practice, most performed poorly when evaluated for methodological quality.

CPG reference	Type of CPG				Doma	ain scores (%)		
number		Scope and purpose	Stakeholder involvement	Rigor of development	Clarity and presentation	Applicability	Editorial independence	Overall assessment
[13]	CB	50	25	21	83	22	0	Would not recommend
[14]	CB	47	23	17	63	0	0	Would not recommend
[15]	EB	89	44	60	90	56	8	Recommend with provisos or alteration
[16]	EB	78	44	60	71	11	8	Recommend with provisos or alteration
17]	CB	67	42	25	75	31	0	Recommend with provisos or alteration
18]	EB	94	10	68	85	11	0	Recommend with provisos or alteration
19]	EB	28	8	11	63	28	0	Would not recommend
20]	CB	78	69	42	81	39	8	Recommend with provisos or alteratio
21]	EB	94	10	60	79	8	0	Recommend with provisos or alteratio
22]	CB	58	38	23	56	14	0	Recommend with provisos or alteratio
23]	CB	89	29	19	92	11	92	Recommend with provisos or alteratio
24]	EB	78	56	57	77	11	100	Recommend with provisos or alteratio
25]	EB	36	31	50	56	11	0	Recommend with provisos or alteratio
26]	CB	83	17	17	96	17	0	Would not recommend
27]	EB	92	48	79	92	33	63	Strongly recommended
28]	EB	81	46	87	79	25	25	Recommend with provisos or alteratio
29]	CB	72	63	35	65	14	0	Recommend with provisos or alteratio
30]	CB	94	25	14	83	11	0	Would not recommend
31]	EB	94	54	82	100	72	92	Strongly recommended
32]	CB	64	15	13	73	6	0	Would not recommend
33]	CB	89	25	19	65	11	0	Would not recommend
34]	CB	92	40	26	79	33	0	Recommend with provisos or alteratio
35]	CB	69	35	14	88	22	8	Recommend with provisos or alteratio
36]	CB	69	35	19	94	17	0	Would not recommend
Mean .		74	35	38	79	21	17	
Range		28-94	8–69	11-87	56-100	0–72	0–100	
Mean of CB C	PGs	73	34	22	78	18	8	
Mean of EB C	PGs	76	35	61	79	27	30	

Appraisal of Guidelines Research and Evaluation (AGREE)



AGREE

- The original AGREE Instrument was published in 2003 by a group of international guideline developers and researchers, the AGREE Collaboration
- The objective of the Collaboration was to develop a tool to assess the quality of guidelines.

What is quality of guidelines?

- the confidence that the potential biases of guideline development have been addressed adequately
- and that the recommendations are both internally and externally valid,
- and are feasible for practice

Good features

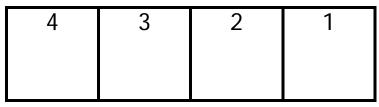
- International development
- World Health Organization endorsement
- Numerical scale
- Validated

It has 6 domains & 23 items

- 1.Scope & purpose
- 2. Stakeholder involvement
- 3. Rigour of development
- 4. Clarity & presentation
- 5. Applicability
- 6. Editorial independence

RESPONSE SCALE

Strongly Agree



Strongly Disagree

1 Strongly Disagree	2	3	4	5	6	7 Strongly Agree
------------------------	---	---	---	---	---	----------------------------

OVERALL GUIDELINE ASSESSMENT

For each question, please choose the response which best characterizes the guideline assessed:

1. Rate the overall quality of this guideline.

1						7
Lowest possible	2	3	4	5	6	Highest possible
quality						quality

2. I would recommend this guideline for use.

Yes	
Yes, with modifications	
No	

1. The overall objective(s) of the guideline is (are) specifically described

- health intent(s) (i.e., prevention, screening, diagnosis, treatment, etc.)
- expected benefit or outcome
- target(s) (e.g., patient population, society)

Examples

 Preventing (long term) complications of patients with diabetes mellitus

 Lowering the risk of subsequent vascular events in patients with previous myocardial infarction

2. The health question(s) covered by the guideline is (are) specifically described.

- A detailed description of the health questions covered by the guideline should be provided, particularly for the key recommendations
- target population
- intervention(s) or exposure(s)
- comparisons (if appropriate)
- outcome(s)
- health care setting or context

Examples

- How many times a year should the HbA1c be measured in patients with diabetes mellitus?
- What should the daily aspirin dosage for patients with proven acute myocardial infarction be?
- Is self-monitoring effective for blood glucose control in patients with Type 2 diabetes?

If 4 appraisers give the following scores for Domain 1 (Scope & Purpose):

	Item 1	Item 2	Item 3	Total
Appraiser 1	5	6	6	17
Appraiser 2	6	6	7	19
Appraiser 3	2	4	3	9
Appraiser 4	3	3	2	8
Total	16	19	18	53

Maximum possible score = 7 (strongly agree) x 3 (items) x 4 (appraisers) = 84 Minimum possible score = 1 (strongly disagree) x 3 (items) x 4 (appraisers) = 12

The scaled domain score will be:

Obtained score – Minimum possible score

Maximum possible score – Minimum possible score

$$\frac{53-12}{84-12}$$
 X 100 = $\frac{41}{72}$ X 100 = 0.5694 x 100 = 57 %

	Original AGREE Item	AGREE II Item
Dor	main 1. Scope and Purpose	
1.	The overall objective(s) of the guideline is (are) specifically described.	No change
2.	The clinical question(s) covered by the guideline is (are) specifically described.	The health question(s) covered by the guideline is (are) specifically described.
3.	The patients to whom the guideline is meant to apply are specifically described.	The population (patients, public, etc.) to whom the guideline is meant to apply is specifically described.
Dor	main 2. Stakeholder Involvement	
4.	The guideline development group includes individuals from all the relevant professional groups.	No change
5.	The patients' views and preferences have been sought.	The views and preferences of the target population (patients, public, etc.) have been sought.
6.	The target users of the guideline are clearly defined.	No change
7.	The guideline has been piloted among end users.	Delete item. Incorporated into user guide description of item 19.
	•	

12.	There is an explicit link between the recommendations and the supporting evidence.	No change
13.	The guideline has been externally reviewed by experts prior to its publication.	No change
14.	A procedure for updating the guideline is provided.	No change
Dor	nain 3. Rigour of Development	
8.	Systematic methods were used to search for evidence.	No change in item. Renumber to 7.
9.	The criteria for selecting the evidence are clearly described.	No change in item. Renumber to 8.
		NEW Item 9. The strengths and limitations of the body of evidence are clearly described.
10.	The methods for formulating the recommendations are clearly described.	No change
11.	The health benefits, side effects, and risks have been considered in formulating the recommendations.	No change

Domain 4. Clarity of Pre	sentation	
15. The recommendation	ns are specific and unambiguous.	No change
16. The different options are clearly presented	for management of the condition f.	The different options for management of the condition or health issue are clearly presented.
17. Key recommendation	ns are easily identifiable.	No change
Domain 5. Applicability		
18. The guideline is supp	oorted with tools for application.	The guideline provides advice and/or tools on how the recommendations can be put into practice. AND Change in domain (from Clarity of Presentation) AND renumber to 19
19. The potential organiz recommendations ha	zational <mark>barriers</mark> in applying the ave been discussed.	The guideline describes facilitators and barriers to its application. AND change in order – renumber to 18
20. The potential cost im recommendations ha	plications of applying the ave been considered.	The potential resource implications of applying the recommendations have been considered.
21. The guideline present and/ or audit purpose	nts key review criteria for monitoring	The guideline presents monitoring and/ or auditing criteria.
Domain 6. Editorial Inde	pendence	
22. The guideline is edito body.	orially independent from the funding	The views of the funding body have not influenced the content of the guideline.
23. Conflicts of interest of have been recorded.	of guideline development members	Competing interests of guideline development group members have been recorded and addressed.
		4

- The AGREE II is generic and can be applied to guidelines in any disease area targeting any step in the health care continuum, including those for health promotion, public health, screening, diagnosis, treatment or interventions.
- At this stage, the AGREE II has not been designed to assess the quality of guidance documents that address health care organizational issues. Its role in the assessment of health technology assessments has not yet been formally evaluated.

Thank you

- *Domain 1. Scope and Purpose* is concerned with the overall <u>aim</u> of the guideline, the specific health <u>questions</u>, and the target <u>population</u> (items 1-3).
- Domain 2. Stakeholder Involvement focuses on the extent to which the guideline was developed by the appropriate stakeholders and represents the views of its intended users (items 4-6).
- *Domain 3. Rigour of Development* relates to the process used to gather and <u>synthesize the evidence</u>, the <u>methods to formulate</u> the recommendations, and to update them (items 7-14).

- *Domain 4. Clarity of Presentation* deals with the language, structure, and format of the guideline (items 15-17).
- *Domain 5. Applicability* pertains to the likely barriers and facilitators to implementation, strategies to improve uptake, and resource implications of applying the guideline (items 18-21).
- *Domain 6. Editorial Independence* is concerned with the formulation of recommendations not being unduly biased with competing interests (items 22-23).